

Sponsored by **SEAN FUREY** Insurances Ltd

BUNCRANA 5Km Road Race & Fun-Run!

Race 3 of Furey Insurances 5k Series 2011
and
Race 6 of Donegal Grand Prix Road Race Series 2011

Wednesday 25th May 2011
At 7.30pm

Registration from 5.30pm at Scoil Mhuire Secondary School, adjacent to
Buncrana Leisure Centre

On the night entry fee €10/£8stg

Pre-entry Special Offer €9/£7stg (This race only!)



**All levels of runners and
joggers welcome!**



5K SERIES

Finishers: 124 – 2004, 125 – 2005, 146 – 2006, 155 – 2007
180 – 2008, 172 – 2009, 316 – 2010
Fast, Officially Measured Course

Refreshments provided after in Scoil Mhuire. Showers available in Buncrana Leisure Centre. Pre-race entries can be emailed to fudgelarge@gmail.com ----simply state your name, gender, age on race day and club! These must be received by 4pm on Tuesday the 24th May. Your race number can be picked up on the night when payment is made.

€100 for new men's/women's course record.

Course Records: Mens 14.40 Joe McAllister - St Malachy's AC 2010

Womens 16.07 Maria McCambridge - Letterkenny AC 2010

Other Buncrana Events

Buncrana 10K - Sat 11th June at 6.30 Phone E.McLaughlin 0749362320 and

The Buncrana Mile – Tue 23rd Aug at 7.30 – Contact details below.

SEAN FUREY INSURANCES LTD Auctioneers, Valuers & Estate Agents	Market Square, Buncrana, Co. Donegal, Tel: +35374 93 61514	The Diamond, Carndonagh, Co. Donegal, Tel: +35374 93 74241	Website: www.sfureyauctioneer.com Email: fureysean@gmail.com
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For further details ring 00 353 87 9474883/ 00 353 86 6061514

or email: eoghanfurey@gmail.com

www.sparta-athletics.co.uk

Organised by City of Derry Spartans A.C.

In association with Scoil Mhuire Secondary School and Buncrana Leisure Centre

Anybody can be a runner! What are you waiting for?

