

Furey Insurances 5k Series 2010

# Carndonagh 5Km Road Race & Fun-Run!

Race 4 of Furey Insurances 5k Series 2010

&

Race 12 of Donegal Athletic Board Series 2010

*Wednesday 30<sup>th</sup> June 2010*  
*At 7.30pm*

Registration from 6.00pm at Carndonagh Community School  
Entry €7/£7stg



**All levels of runners and joggers welcome!**



Accurately Measured Course

Refreshments provided after

#### Prizes for each race

1,2,3 male/female (£40,30,20)

Also 1st male/female in U20, V35,V40,V45,V50,V55,V60(£10 Each)

*Individual Race Sponsored by Declan McCarthy's*

**Atlanfish**



For further information contact:

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[www.sparta-athletics.co.uk](http://www.sparta-athletics.co.uk)

Jointly organised by City of Derry Spartans A.C and Inishowen AC

 <b>SEAN FUREY</b> INSURANCES LTD Auctioneers, Valuers & Estate Agents	Market Square, Buncrana, Co. Donegal, Tel: +35374 93 61514	The Diamond, Carndonagh, Co. Donegal, Tel: +35374 93 74241	Website: <a href="http://www.sfureyauctioneer.com">www.sfureyauctioneer.com</a> Email: <a href="mailto:fureysean@gmail.com">fureysean@gmail.com</a>
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**Anybody can be a runner! What are you waiting for?**