

Buncrana 1Mile Road Race & Fun Run

Calling all levels of Runners and Joggers!

Fancy a new challenge which doesn't take 6 months to train for? Ever wondered how long it would take you to cover 1 mile? Now is your chance to find out. City of Derry Spartans are organising a number of 1 Mile road races in Buncrana, Donegal. Why not come down and have a go? Any reasonably fit person can cover 1 mile. Go on!

Thursday 19th August 2010 at 7.30pm sharp.

Buncrana 1 Mile Road Races

Race 1 - U16 Boys and Girls - 7.30

Race 2 - Female Open - 7.45

Race 3 - Male Open - 8.00

All competitors have the option of entering either race 1, 2 or 3 depending on whether if they want a faster/slower race. If a sufficient number of masters athletes turn up a separate race will be held.

All races start and finish at Buncrana Leisure Centre.
Course Record 4 mins 36 sec Colin Roberts City of Derry Spartans 2008



Prizes for fastest Senior/Junior Male/Female. Registration takes place at Buncrana Leisure Centre from 6.15pm. All competitors must register by 7.15. Entry fee €5 or £5

For further details ring 00 353 87 9474883 or email: eoghanfurey@gmail.com

www.sparta-athletics.co.uk

Organised by City of Derry Spartans A.C

