

Sponsored by **SEAN FUREY** Insurances Ltd

BUNCRANA 5Km Road Race & Fun-Run!

Race 3 of Furey Insurances 5k Series 2009
and
Race 5 of Donegal Grand Prix Road Race Series 2009

Wednesday 27th May 2009
At 7.30pm

Registration from 6.00pm at Buncrana Leisure Centre
Entry €5/£5stg



**All levels of runners and
joggers welcome!**



Finishers: 124 - 2004, 125 - 2005, 146 - 2006, 155 - 2007
180 Finishers in 2008

Fast, Accurately Measured Course

Refreshments provided after in Leisure Centre.

€100 for new men's course record and/or first woman to break 17 mins.

Course Records: Mens 14.44 Kevin Seaward - St Malachy's AC 2007

Womens 17.39 Clodagh McCool - Finn Valley 2005

Other Buncrana Events

Buncrana 10K - Sat 13th June at 6.30 Phone E.McLaughlin 0749362320
and

The Buncrana Mile - Tue 18th Aug at 7.30 - Contact details below.

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www.sparta-athletics.co.uk

Organised by City of Derry Spartans A.C.

To run or not to run? There is no question!

