

Athletic Association of Ireland
National Track & Field League 2008



Round 1

| Men | Premier | Antrim |
|-----|--------------------|--------|
| 1 | Raheny Shamrocks | |
| 2 | North Down A.C. | |
| 3 | Clonliffe Harriers | |
| 4 | Shercock A.C. | |
| 5 | Donore Harriers | |
| 6 | Abbey A.C. | |

| Women | Premier | Antrim |
|-------|-------------------|--------|
| 19 | Abbey A.C. | |
| 20 | Lagan Valley A.C. | |
| 22 | Tir Chonaill A.C. | |
| 23 | City of Lisburn | |

| Men | Division 1 | Antrim |
|-----|---------------------|--------|
| 7 | Ballymena & Antrim | |
| 8 | City of Derry | |
| 9 | Tir Chonaill A.C. | |
| 10 | Finn Valley A.C. | |
| 11 | Strabane Track Club | |
| 12 | County Monaghan | |
| 13 | Lagan Valley A.C. | |
| 14 | City of Lisburn | |

| Women | Division 1 | Antrim |
|-------|-------------------------|--------|
| 15 | Finn Valley A.C. | |
| 16 | Derry City | |
| 17 | Clonliffe Harriers | |
| 18 | Monaghan County | |
| 21 | Raheny Shamrock A.C. | |
| 24 | Ballymena & Antrim A.C. | |

| Men | Premier | Tullamore |
|-----|-------------------------|-----------|
| 25 | Crusaders A.C. | |
| 26 | West Waterford A.C. | |
| 27 | Menapians A.C. | |
| 28 | Dundrum South Dublin | |
| 29 | Leevale A.C. | |
| 30 | Tullamore Harriers A.C. | |

| Women | Premier | Tullamore |
|-------|----------------------|-----------|
| 31 | Dundrum South Dublin | |
| 32 | Wexford | |
| 33 | Leevale A.C. | |
| 34 | Crusaders A.C. | |
| 35 | Borrisokane A.C. | |
| 36 | Bandon A.C. | |

| Men | Division 1 | Tullamore |
|-----|-----------------|-----------|
| 37 | Menapians B | |
| 38 | St Abbans A.C. | |
| 39 | Riocht A.C. | |
| 40 | Meath Athletics | |
| 41 | Galway County | |

| Women | Division 1 | Tullamore |
|-------|---------------------|-----------|
| 42 | West Waterford A.C. | |
| 43 | St Abbans A.C. | |
| 44 | Galway County | |
| 45 | Meath Athletics | |
| 46 | Tullamore A.C. | |
| 47 | Kildare County | |

National Track & Field League 2008



Timetable

| | | | | Track | | Field | |
|-------|------------|-----------|---|-----------------------------------|------------------------------|-------|--|
| | | | | Men | Women | | |
| 11.30 | | | | Hammer Pole Vault Long Jump | Shot Javelin High Jump | | |
| 12.15 | 100m H | | W | | | | |
| 12.30 | 110m H | | M | | | | |
| 12.50 | 1500m Walk | | W | | | | |
| 13.05 | 3000m Walk | | M | Discus | | | |
| 13.25 | 400m H | | W | High Jump | | | |
| 13.35 | 400m H | | M | | Triple Jump | | |
| 13.50 | 4 x 100m | | W | | Hammer | | |
| 14.10 | 4 x 100m | | M | | | | |
| 14.25 | 1500m | (2 Races) | W | | | | |
| 14.35 | | | | Shot | | | |
| 14.45 | 1500m | (2 Races) | M | | | | |
| 15.00 | 400m | | W | Javelin | | | |
| 15.15 | 400m | | M | Triple Jump | | | |
| 15.30 | 3000m | | W | | | | |
| 15.45 | 3000m S/C | (1 Race) | M | | Long Jump | | |
| 16.00 | 200m | | W | | | | |
| 16.10 | 200m | | M | | | | |
| 16.20 | 800m | | W | | | | |
| 16.30 | 800m | | M | | | | |
| 16.40 | 5000m | | M | 56 lbs | Discus | | |
| 17.00 | 100m | | W | | | | |
| 17.20 | 100m | | M | | | | |
| 17.40 | 4 x 400m | | W | | | | |
| 17.50 | 4 x 400m | | M | | | | |

Scoring System: 9,7,6,5,4,3,2,1

Sequence of events: Premier Women followed by Division 1 Women followed by Premier Men followed by Division 1 Men

Premier and Division One Men and Women score in the best 15 events.

This timetable is designed as a guide of event times. Events may run ahead of schedule and it is the team Managers responsibility to ensure that athletes attend for the start of their competition