

**AAI National League 2008  
Round 1  
Antrim Forum**

**Premier Men**

**Premier Women**

		<b>110m Hurdles</b>		Wind +0.8
<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Time</i>	
1	Ben Reynolds	North Down	15.42	
2	Jeremy Kyons	Clonliffe Harriers	15.43	
3	James Ruxton	Shercock	18.92	
g	Ciaran O'Cathain	Guest	15.74	

		<b>100m Hurdles</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Mary McLoone	Tir Chonaill		16.2
2	Debbie Porteous	City of Lisburn		17.1
3	Donna Lennon	Abbey		20.9

		<b>3000m Walk</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Paul Fitzpatrick	Shercock		13.19.34
2	Kevin English	Clonliffe Harriers		16.35.94
3	James mahon	Raheny Shamrocks		16.38.27
4	Jamie Budde	North Down		21.00.44
5	Iain Morrison	Donore Harriers		24.27.99

		<b>1500m Walk</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Emma Doherty	City of Lisburn		7.36.71
2	Marie Rooney	Tir Chonaill		11.53.57

		<b>400m Hurdles</b>		<i>Distance</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Jeremy Lyons	Clonliffe Harriers		54.94
2	James Ruxton	Shercock		55.41
3	Darren Kelly	Donore Harriers		68.06
4	Michael McConkey	North Down		71.22

		<b>400m Hurdles</b>		<i>Distance</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Geraldine Finnegan	City Of Lisburn		70.05
2	Kitty O'Kennedy	Tir Chonaill		72.19

		<b>4*100m Relay</b>		<i>Mark</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1		Clonliffe Harriers		43.84
2		Shercock		44.32
3		North Down		46.39
4		Raheny Shamrocks		46.99
5		Donore Harriers		47.24

		<b>4*100m Relay</b>		<i>Mark</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1		Abbey		49.06
2		Tir Chonaill		50.67
3		City of Lisburn		53.10
4		Lagan Valley		53.50

		<b>1500m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	John Carlisle	North Down		4.10.43
2	Simon Ryan	Raheny Shamrocks		4.12.32
3	Philip Cavanagh	Donore Harriers		4.12.64
4	Andrew Agnew	Abbey		4.14.00
5	Larry Brady	Clonliffe Harriers		4.18.84
	Guest Leevan Haefnan			4.20.96

		<b>1500m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Sarah Neary	Abbey		5.05.88
2	Catriona McCorkell	Lagan Valley		5.07.36
		Tir Chonaill		
		City of Lisburn		

		<b>400m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	John Laffey	Clonliffe Harriers		
2	Kieran Kelly	Raheny Shamrocks		50.49
3	Simon Taggart	Donore Harriers		50.50
4	Michael Dyer	North Down		50.98
5	Kevin Ruxton	Shercock		52.73

		<b>400m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Elaine McCaffrey	Abbey		57.69
Guest	Leigh Whiteside	Abbey		60.00
2	Mary McLoone	Tir Chonaill		62.77
3	Rachel Gibson	City of Lisburn		64.60

		<b>3000m Steeplechase</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Kevin English	Clonliffe Harriers		10.00.22
2	Bernard Roe	Raheny Shamrocks		10.09.12
3	Simon Murray	Abbey		10.35.34
4	Tadhg Prendiville	Donore Harriers		11.22.14
		North Down		
		Shercock		

		<b>3000m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Suzanne McCormick	Lagan Valley		10.05.13
2	Judi Graham	Abbey		10.17.32
3	Shelley Roper	Tir Chonaill		12.04.68

		<b>200m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Paul McKee	Abbey		21.91
2	John Laffey	Clonliffe Harriers		22.63
3	Craig Lynch	Shercock		22.87
4	Ciaran Kelly	Raheny Shamrocks		23.10
5	Kenny Elliott	North Down		23.37
6	Sean O'Broin	Donore Harriers		24.6
7	Ray Lennon			24.1
				Wind -2.3

		<b>200m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Michelle Rodgers	Abbey		26.20
2	Lisa Shiels	Tir Chonaill		26.94
3	Jenny Quinn	Lagan Valley		26.37
4	Clare Mercer	City of Lisburn		28.17
				Wind +2.9

		<b>800m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Kevin McCloy	Shercock		1.58.62
2	Michael Dyer	North Down		1.58.72
3	Michael Quinn	Abbey		2.01.09
4	Ian Conroy	Raheny Shamrocks		2.02.75
5	John Travers	Donore Harriers		2.05.83
6	Larry Brady	Clonliffe Harriers		2.06.59

		<b>800m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Christine Long	City of Lisburn		2.20.42
2	Catriona McCourt	Abbey		2.29.03
3	Carla Bowyer	Lagan Valley		2.37.13

		<b>5000m</b>		<i>Time</i>
<i>Place</i>	<i>Athlete</i>	<i>Club</i>		
1	Killian O'Leary	Raheny Shamrocks		15.24.28
2	Francis Marsh	North Down		15.43.83

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3	Mark Dooley	Donore Harriers	15.46.49
4	Michael McDiarmada	Clonliffe Shercock Abbey	16.16.08

**100m**

Place	Athlete	Club	Time
1	Daniel Cavanagh	Clonliffe Harriers	11.30
Guest	Jonathan Carleton	Ballymena & Ant	11.33
Guest	Ciaran O'Cathain		11.43
2	Kenny Elliott	North Down	11.51
3	Gerald O'Reilly	Shercock	11.72
4	Barry O'Donaghue	Raheny Shamrocks	11.96
5	Sean o'Brian	Donore Harriers	14.19
			Wind -0.3

**100m**

Place	Athlete	Club	Time
1	Leigh Whiteside	Abbey	13.08
2	Heather Whitten	Lagan Valley	13.46
3	Aoife Whelan	Tir Chonaill City of Lisburn	13.66

Wind -0.6

**4\*400m**

Place	Athlete	Club	Time
1		Clonliffe Harriers	3.31.44
2		Donore Harriers	3.36.63
3		North Down	3.36.85

**4\*400m**

Place	Athlete	Club	Time
1		Abbey	4.10.7
2		Lagan Valley	4.23.2

**Hammer**

Place	Athlete	Club	Distance
1	Hugh Fitzpatrick	Shercock	35.44
2	Chris Summers	North Down	28.11
3	Leevan Haeffen	Donore Harriers	10.16

**Hammer**

Place	Athlete	Club	Distance
1	Rhiannon McNally	Abbey	44.77
2	Lynsey Glover	Lagan Valley	37.99
3	Eithne McGloin	Tir Chonaill	18.52
4	Katriona Campbell	City of Lisburn	15.37

**Pole Vault**

Place	Athlete	Club	Height
1	Dave Donegan	Clonliffe Harriers	4.00
2	Miahi Pantea	Raheny Shamrocks	3.20
3	Paul Fitzpatrick	Shercock	2.00

**Long Jump**

Place	Athlete	Club	Distance
3	Jack Connolly	Raheny Shamrocks	5.84
1	Ben Reynolds	North Down	6.43
4	Daniel Cavanagh	Clonliffe Harriers	5.68
2	Paul Smyth	Shercock	6.17
5	Darren Kelly	Donore Harriers	5.14

**Long Jump**

Place	Athlete	Club	Distance
1	Mary Devlin	Abbey	5.79
2	Linzi Herron	City of Lisburn	5.33
3	E O'Connor	Tir Chonaill	4.97
4	Jenny Quinn	Lagan Valley	4.53

**Discus**

Place	Athlete	Club	Distance
1	Jeremy Harper	North Down	49.46
2	Matthew O'Reilly	Shercock	33.45
3	James Buckley	Raheny Shamrocks	18.59
4	Philip Kavanagh	Donore Harriers	18.12
5	Cillian Lonergan	Clonliffe Harriers	12.51

**Discus**

Place	Athlete	Club	Distance
1	Rhiannon McNally	Abbey	26.35
Guest	Lynsey Glover	Lagan Valley	25.52
Guest	Gaby McNally	Abbey	20.89
2	Geraldine Finnegan	City of Lisburn	18.83
3	Marie Rooney	Tir Chonaill	14.68

**High Jump**

Place	Athlete	Club	Height
1	Ben Reynolds	Raheny Shamrocks North Down	1.85
2	J Hartnett	Clonliffe Harriers	1.75
3	C Lynch	Shercock	1.70
4	Tadhe Prendeville	Donore Harriers	1.35

**High Jump**

Place	Athlete	Club	Height
1	Geraldine Finnegan	City of Lisburn	1.45
2	E McLoone	Tir Chonaill	1.40

**Shot Putt**

Place	Athlete	Club	Distance
1	Michael McConkey	North Down	11.95
2	Matthew O'Reilly	Shercock	11.78
3	Derek McCarthy	Raheny Shamrocks	9.52
4	Paul Marry	Clonliffe Harriers	8.79
5	Philip Kavanagh	Donore Harriers	6.42

**Shot Putt**

Place	Athlete	Club	Distance
1	Geraldine Stewart	Tir Chonaill	12.70
2	Lynsey Glover	Lagan Valley	8.36

**Javelin**

Place	Athlete	Club	Distance
1	Michael McConkey	North Down	60.28
2	Paul Marry	Clonliffe Harriers	50.06
3	Albinas Kiltinavicius	Shercock	40.54
4	James Buckley	Raheny Shamrocks	27.57
5	John Travers	Donore Harriers	8.73

**Javelin**

Place	Athlete	Club	Distance
1	Katriona Campbell	City of Lisburn	30.62
2	Geraldine Stewart	Tir Chonaill	29.48
3	Tasha Paxton	Lagan Valley Abbey	25.38

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**Triple Jump**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	Jack Connolly	Raheny Shamrocks	11.59
2	Alan McEntee	Shercock	11.45
3	jeremy Lyons	Clonliffe Harriers	11.40
4	John Travers	Donore Harriers	7.90

**Triple Jump**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	Mary McLoone	Tir Chonaill	12.31
2	Mary Devlin	Abbey	11.45
3	Karyn Dummigan	City of Lisburn	9.64
4	Heather Whitten	Lagan Valley	8.21

**56lb Weight for Distance**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	Jeremy Harper	North Down	5.93
2	Derek McCarthy	Raheny Shamrocks	5.09
3	Hugh Fitzpatrick	Shercock	4.34

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**Division 1 Men**

**Division 1 Women**

Place	Athlete	Club	Time
<b>110m Hurdles</b>			
1	Paul Doherty	Fin Valley	16.89
2	D Hardy	Ballymena & Antrim	16.96
		City of Derry	
		Tir Chonaill	
		Strabane TC	
		Lagan Valley	
		City of Lisburn	

Wid +0.4

Place	Athlete	Club	Time
<b>100m Hurdles</b>			
1	Shauna Furman	Clonliffe Harriers	16.3
2	Kate Hewitt	North Down	16.6
3	Rebecca McAllister	Ballymena & Antrim	16.9
4	Jodie Stewart	Finn Valley	19.2
5	Ciara Neary	City of Derry	26.7
6	Jeeny Corcoran	Raheny Shamrocks	27.6
		Monaghan County	

Place	Athlete	Club	Time
<b>3000m Walk</b>			
1	Brian O'Donnell	Fin Valley	14.10.49
2	Phil McIlfratrick	City of Lisburn	21.46.24
3	Darragh Furey	City of Derry	25.59.33
		Ballymena & Antrim	
		Tir Chonaill	
		Strabane TC	
		Lagan Valley	

Place	Athlete	Club	Time
<b>1500m Walk</b>			
1	Aoife Whelan	Finn Valley	8.00.76
2	Bronagh Ni Bhriain	Clonliffe Harriers	9.19.35
		City of Derry	
		Monaghan County	
		Raheny Shamrocks	
		Ballymena & Antrim	
		North Down	

Place	Athlete	Club	Distance
<b>400m Hurdles</b>			
1	Ian Neeley	Ballymena & Antrim	57.95
2	Trevor McGlynn	Fin Valley	61.76
3	Daniel Reid	City of Derry	62.30
4	Patrick McMahon	City of Lisburn	62.41
		Tir Chonaill	
		Strabane TC	
		Lagan Valley	

Place	Athlete	Club	Distance
<b>400m Hurdles</b>			
1	Shauna Furman	Clonliffe Harriers	69.50
2	Roisin Neary	City of Derry	71.27
3	Jenny Corcoran	Raheny Shamrocks	77.68

Place	Athlete	Club	Mark
<b>4*100m Relay</b>			
1		Ballymena & Antrim	43.98
2		City of Lisburn	46.10
3		Strabane TC	48.19
4		Fin Valley	48.48
5		City of Derry	51.41
		Tir Chonaill	
		Lagan Valley	

Place	Athlete	Club	Mark
<b>4*100m Relay</b>			
1		North Down	49.56
2		Ballymena & Antrim	49.85
3		Raheny Shamrocks	52.06
4		City of Derry	56.32
5		Clonliffe Harriers	56.76
		Finn Valley	
		Monaghan County	

Place	Athlete	Club	Time
<b>1500m</b>			
1	Conor Flannagan	City of Lisburn	4.05.41
2	Jarlath Falls	Ballymena & Antrim	4.18.07
3	Ciaran Carlin	Fin Valley	4.21.80
4	Greg Roberts	City of Derry	4.24.14
		Tir Chonaill	
		Strabane TC	
		Lagan Valley	

Place	Athlete	Club	Time
<b>1500m</b>			
1	Emma Cooper	Finn Valley	5.13.69
		Clonliffe Harriers	5.27.74
		City of Derry	
		Monaghan County	
		Raheny Shamrocks	
		Ballymena & Antrim	
		North Down	

Place	Athlete	Club	Time
<b>400m</b>			
1	Conor McLaughlin		51.23
2	Pajo Hamilton	City of Derry	52.92
3	Patrick Crossan	City of Lisburn	54.12
4	Jamie Crawford	Fin Valley	55.15
5	David Pugh	Ballymena & Antrim	58.08
		Tir Chonaill	
		Lagan Valley	

Place	Athlete	Club	Time
<b>400m</b>			
4	Breda McGinty	Finn Valley	62.15
1	Kim Shaw	North Down	59.67
2	Caira McCallion	Clonliffe Harriers	60.08
3	Susan Giblin	Raheny Shamrocks	62.00
5	Maeve Keenan	Ballymena & Antrim	65.54
6	Janelle McGurk	City of Derry	69.03
		Monaghan County	

Place	Athlete	Club	Time
<b>3000m Steeplechase</b>			
1	Kevin Carlin	City of Derry	11.15.53
		Ballymena & Antrim	
		Tir Chonaill	
		Fin Valley	
		Strabane TC	
		Lagan Valley	
		City of Lisburn	

Place	Athlete	Club	Time
<b>3000m</b>			
1	Teresa McGloin	Finn Valley	10.28.15
2	Susan Byrne	Raheny Shamrocks	10.43.30
3	Eilish McDermott	Clonliffe Harriers	10.58.53
4	Stephanie Hambling	North Down	11.29.72
		City of Derry	
		Monaghan County	
		Ballymena & Antrim	

Place	Athlete	Club	Time
<b>200m</b>			
1	Chris Quinn	Lagan Valley	22.57
2	Brendan Murphy	City of Lisburn	22.95
	Marty Hanna	Lagan Valley	23.75
3	Pajo Hamilton	City of Derry	24.11
4	Andrew Brownlees	Ballymena & Antrim	24.31
5	Ryan McDaid	Fin Valley	24.76
6	Sean McBride	Strabane TC	25.27

Wind +1.2

Place	Athlete	Club	Time
<b>200m</b>			
1	Hannah Lewis	North Down	25.09
2	Ciara McCallion	Clonliffe Harriers	26.38
3	Hannah Todd	Ballymena & Antrim	26.46
4	Susan Giblin	Raheny Shamrocks	27.14
5	Emma Dodds	City of Derry	28.52
6	Aoife Whelan	Finn Valley	31.5

Wind +0.5

Place	Athlete	Club	Time
<b>800m</b>			
1	Darren Stewart	Fin Valley	1.59.64
2	Mark Kirk	Ballymena & Antrim	2.01.06
3	Kevin Carlin	City of Derry	2.04.87
4	Stuart Brown	City of Lisburn	2.07.45
Guest	Stuart Kennedy	Beechmount	2.18.25

Place	Athlete	Club	Time
<b>800m</b>			
1	Emma Cooper	Clonliffe Harriers	2.22.40
2	Breda McGinty	Finn Valley	2.22.74
3	Nicola Simpson	North Down	2.23.52
4	Colette McKenny	Raheny Shamrocks	2.27.30
5	Roisin Neary	City of Derry	2.32.91

Place	Athlete	Club	Time
<b>5000m</b>			
1	Diarmuid Grant	City of Derry	15.30.01
2	Andrew Doherty	City of Lisburn	15.47.46

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3 Kevin Holian	Fin Valley	15.48.73
4 Matt Wray	Ballymena & Antrim	16.27.81
5 Seamus McAteer	Strabane TC	22.06.17
Guest# Brendan Teer	East Down	15.50.04

<i>Place</i>	<i>Athlete</i>	<b>100m</b> <i>Club</i>	<i>Time</i>
1	Dean Adams	Ballymena & Antrim	11.30
2	Chris Quinn	Lagan Valley	11.50
Guest	Ray Lennon		11.97
3	Daniel Mullen	Strabane TC	12.01
4	Ross Moore	City of Lisburn	12.19
5	Brendan Quinn	City of Derry	13.05
		Fin Valley	

Wind +0.3

<i>Place</i>	<i>Athlete</i>	<b>4*400m</b> <i>Club</i>	<i>Time</i>
1		Ballymena & Antrim	3.30.37
2		City of Lisburn	3.35.98
3		Finn Valley	3.42.25
4		City of Derry	3.45.16

<i>Place</i>	<i>Athlete</i>	<b>Hammer</b> <i>Club</i>	<i>Distance</i>
1	Aaron Crawford	Strabane TC	21.93
2	David Pugh	Ballymena & Antrim	20.13
3	Trevor McGlynn	Fin Valley	18.21
		Fin Valley	
		Strabane TC	
		Lagan Valley	
		City of Lisburn	

<i>Place</i>	<i>Athlete</i>	<b>Pole Vault</b> <i>Club</i>	<i>Height</i>
1	Rob Cascone	Ballymena & Antrim	3.40
2	Phil McIlfratrick	City of Lisburn	2.00
		City of Derry	
		Tir Chonaill	
		Fin Valley	
		Strabane TC	
		Lagan Valley	

<i>Place</i>	<i>Athlete</i>	<b>Long Jump</b> <i>Club</i>	<i>Distance</i>
1	Sean McMahon	Ballymena & Antrim	6.36
2	Pierre Renault	City of Lisburn	5.91
3	Daniel Mullen	Strabane TC	5.66
4	Daniel Reid	City of Derry	5.29
Guest	Adam McMullan	Mid Ulster	6.22
Guest	Richard tseng	Monaghan	5.85
Guest	Patrick McMahon	City of Lisburn	5.22

<i>Place</i>	<i>Athlete</i>	<b>Discus</b> <i>Club</i>	<i>Distance</i>
1	Damien Crawford	Strabane TC	33.90
2	Matthew Doyle	City of Derry	30.65
3	David Pugh	Ballymena & Antrim	21.79
4	Robbie Loan	Lagan Valley	20.29
5	Cormac Gallen	Fin Valley	18.42
		Tir Chonaill	
		City of Lisburn	

<i>Place</i>	<i>Athlete</i>	<b>High Jump</b> <i>Club</i>	<i>Height</i>
1	Gary Coulter	Ballymena & Antrim	1.85
2	R McDaid	Fin Valley	1.70
3	Seamus McAteer	Strabane TC	1.40
		City of Derry	
		Tir Chonaill	
		Lagan Valley	
		City of Lisburn	

<i>Place</i>	<i>Athlete</i>	<b>Shot Putt</b> <i>Club</i>	<i>Distance</i>
1	Damien Crawford	Strabane TC	11.51
2	Jonathan Carleton	Ballymena & Antrim	9.84
3	Sean Woods	City of Derry	9.71
4	Robbie Loan	City of Lisburn	8.15
Guest	Hugh Fitzpatrick	Lagan Valley	10.92
		Tir Chonaill	
		Fin Valley	

<i>Place</i>	<i>Athlete</i>	<b>Javelin</b> <i>Club</i>	<i>Distance</i>
1	Aaron Crawford	Strabane TC	57.85
Guest	Daniel Mullen	Strabane TC	54.03
Guest	Sean McBride	Lagan Valley	45.27
2	Nigel Carlisle	Ballymena & Antrim	43.01
3	Pierre Renault	City of Lisburn	42.75
4	Sean Woods	City of Derry	40.60
5	Cormac Gallen	Fin Valley	30.47

<i>Place</i>	<i>Athlete</i>	<b>100m</b> <i>Club</i>	<i>Time</i>
1	Amy Foster	North Down	12.36
2	Anna Boyle	Ballymena & Antrim	12.65
3	Molly Giblin	Raheny Shamrocks	13.92
4	Janelle McGurk	City of Derry	14.09
5	Sharleen McCrudden	Finn Valley	16.07
6	Bronagh Ni Bhrain	Clonliffe Harriers	18.64

Wind -3.4

<i>Place</i>	<i>Athlete</i>	<b>4*400m</b> <i>Club</i>	<i>Time</i>
1		Raheny Shamrocks	4.11.1
2		North Down	4.18.3
3		Ballymena & Antrim	4.22.2
4		Finn Valley	4.22.7
5		Clonliffe Harriers	4.40.6
6		City of Derry	4.43.9
		Monaghan County	

<i>Place</i>	<i>Athlete</i>	<b>Hammer</b> <i>Club</i>	<i>Distance</i>
		Finn Valley	
		City of Derry	
1	Maggie Donnelly	City of Derry	44.25
2	Gemma McAnairn	North Down	22.25
3	Claire Wilkinson	Ballymena & Antrim	20.57
4	Anne Buckley	Raheny Shamrocks	14.14
Guest	Gaby McNally	Abbet	48.18
Guest	Geraldine Finnegan	City of Lisburn	16.29

<i>Place</i>	<i>Athlete</i>	<b>Long Jump</b> <i>Club</i>	<i>Distance</i>
1	Chloe Jade McDonald	Ballymena & Antrim	4.91
2	Jodie Stewart	Finn Valley	4.74
3	Laura Laughlin	North Down	4.52
4	Roisin Neary	City of Derry	4.17
5	S Scallan	Raheny Shamrocks	4.08
6	E Cooper	Clonliffe Harriers	2.90

<i>Place</i>	<i>Athlete</i>	<b>Discus</b> <i>Club</i>	<i>Distance</i>
5	Aoife Whelan	Finn Valley	5.04
1	Gemma McAnairn	North Down	28.17
2	Maggie Donnelly	City of Derry	20.71
3	Chloe Jade McDonald	Ballymena & Antrim	15.05
4	Anne Buckley	Raheny Shamrocks	12.44
		Clonliffe Harriers	
		Monaghan County	

<i>Place</i>	<i>Athlete</i>	<b>High Jump</b> <i>Club</i>	<i>Height</i>
1	Claire Wilkinson	Ballymena & Antrim	1.60
2	Katie Hewitt	North Down	1.40
3	C Neary	City of Derry	1.25

<i>Place</i>	<i>Athlete</i>	<b>Shot Putt</b> <i>Club</i>	<i>Distance</i>
1	Clare McAleese	Ballymena & Antrim	11.61
2	Kathy Heatherington	North Down	8.54
3	Paula Friel	Finn Valley	6.49
4	Georgina Brown	City of Derry	5.93
5	Bronagh Ni Bhrain	Clonliffe Harriers	5.49
		Monaghan County	
		Raheny Shamrocks	

<i>Place</i>	<i>Athlete</i>	<b>Javelin</b> <i>Club</i>	<i>Distance</i>
1	Georgina Brown	City of Derry	33.57
2	Sharleen McCrudden	Finn Valley	29.09
3	Katie Hewitt	North Down	23.91
4	Rebecca McAllister	Ballymena & Antrim	23.17
5	Sinead Gallagher	Raheny Shamrocks	23.17
		Clonliffe Harriers	
		Monaghan County	

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**Triple Jump**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
Guest	Adammi Mullen	Mid Ulster	13.37
1	Sean McMahon	Ballymena & Antrim	12.5
2	Sean McBride	Strabane TC	11.88
Guest	Richard tseng	Monaghan	11.55
3	Paul Doherty	Fin Valley	9.98
		City of Derry	
		Tir Chonaill	

**Triple Jump**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	Hannah Todd	Ballymena & Antrim	11.12
2	Laura Loughan	North Down	10.49
3	Ciara Neery	City of Derry	10.10
4	Jodie Stewart	Finn Valley	9.84
		Clonliffe Harriers	
		Monaghan County	
		Raheny Shamrocks	

**56lb Weight for Distance**

<i>Place</i>	<i>Athlete</i>	<i>Club</i>	<i>Distance</i>
1	Nigel Carlisle	Ballymena & Antrim	4.05
Guest#	Chris Summers	Strabane TC	3.55
2	Mark Connolly	Fin Valley	3.14
3	Darragh Furey	City of Derry	3.11
		Tir Chonaill	

**AAI National League 2008  
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**Premier Men**

<b>Raheny Shamrocks</b>	110m Hurdles	6	
	Walk	7	
	400 Metres	7	
	4*100m	5	
	1500m	7	
	400m Hurdles	7	
	3000m S/C	7	
	200m	5	
	800m	5	
	5000m	9	
	100m	5	
	4*400m	7	
	Hammer	6	
	Pole Vault	7	
	Long Jump	6	
	Discus	6	
	High Jump	6	
	Shot	6	
	Javelin	5	
	Triple Jump	9	
	56lb Distance	7	
		102	
	<b>Dropped</b>		
	Drop 1	5	
	Drop 2		
	Drop 3		
	Drop 4		
	Drop 5		
	Drop 6		
		5	
	Actual Total	97	
	Place		

**North Down**

	110m Hurdles	9	
	Walk	5	
	400 Metres	5	
	4*100m	6	
	1500m	9	
	400m Hurdles	5	
	3000m S/C	5	
	200m	4	
	800m	7	
	5000m	7	
	100m	7	
	4*400m	7	
	Hammer	6	
	Pole Vault	9	
	Long Jump	9	
	Discus	9	
	High Jump	9	
	Shot	9	
	Javelin	9	
	Triple Jump	9	
	56lb Distance	9	
		131	
	<b>Dropped</b>		
	Drop 1	4	
	Drop 2	5	
	Drop 3	5	
	Drop 4		
	Drop 5		
	Drop 6		
		14	
	Actual Total	117	
	Place		

**Clonliffe Harriers**

	110m Hurdles	7	
	Walk	7	
	400 Metres	9	
	4*100m	9	
	1500m	4	
	400m Hurdles	9	
	3000m S/C	9	
	200m	7	
	800m	3	
	5000m	5	
	100m	9	
	4*400m	9	
	Hammer	9	
	Pole Vault	9	
	Long Jump	5	
	Discus	4	
	High Jump	7	
	Shot	5	
	Javelin	7	
	Triple Jump	6	
	56lb Distance		
		130	
	<b>Dropped</b>		
	Drop 1	3	
	Drop 2	4	
	Drop 3	4	
	Drop 4	5	
	Drop 5		
	Drop 6		
		16	
	Actual Total	114	
	Place		

<b>Shercock</b>	110m Hurdles	6	
	Walk	9	
	400 Metres	4	
	4*100m	7	
	1500m	6	
	400m Hurdles	7	
	3000m S/C	5	
	200m	6	
	800m	9	
	5000m	6	
	100m	6	
	4*400m	9	
	Hammer	9	
	Pole Vault	6	
	Long Jump	7	
	Discus	7	
	High Jump	6	
	Shot	7	
	Javelin	6	
	Triple Jump	7	
	56lb Distance	6	
		115	
	<b>Dropped</b>		
	Drop 1	4	
	Drop 2	6	
	Drop 3		
	Drop 4		
	Drop 5		
	Drop 6		
		10	
	Actual Total	105	
	Place		

**Donore Harriers**

	110m Hurdles	4	
	Walk	6	
	400 Metres	4	
	4*100m	4	
	1500m	6	
	400m Hurdles	6	
	3000m S/C	5	
	200m	3	
	800m	4	
	5000m	6	
	100m	4	
	4*400m	7	
	Hammer	6	
	Pole Vault	4	
	Long Jump	4	
	Discus	5	
	High Jump	5	
	Shot	4	
	Javelin	4	
	Triple Jump	5	
	56lb Distance		
		88	
	<b>Dropped</b>		
	Drop 1	4	
	Drop 2	3	
	Drop 3	4	
	Drop 4		
	Drop 5		
	Drop 6		
		11	
	Actual Total	77	
	Place		

**Abbey**

	110m Hurdles		
	Walk		
	400 Metres		
	4*100m		
	1500m		5
	400m Hurdles		
	3000m S/C		6
	200m		9
	800m		6
	5000m		
	100m		
	4*400m		
	Hammer		
	Pole Vault		
	Long Jump		
	Discus		
	High Jump		
	Shot		
	Javelin		
	Triple Jump		
	56lb Distance		
			26
	<b>Dropped</b>		
	Drop 1		
	Drop 2		
	Drop 3		
	Drop 4		
	Drop 5		
	Drop 6		
			0
	Actual Total		26
	Place		

## AAI National League 2008

Round 1  
Antrim Forum

## Division 1 Men

Ballymena & Antrim		Derry		Tir Chonaill		Finn Valley	
110m Hurdles	7	110m Hurdles	6	110m Hurdles	6	110m Hurdles	9
Walk		Walk	7	Walk	7	Walk	9
400m	4	400m	7	400m	7	400m	5
4*100m	9	4*100m	4	4*100m	4	4*100m	5
1500m	7	1500m	5	1500m	5	1500m	6
400m Hurdles	9	400m Hurdles	6	400m Hurdles	6	400m Hurdles	7
3000m S/C		3000m S/C	9	3000m S/C	9	3000m S/C	
200m	5	200m	6	200m	6	200m	4
800m	7	800m	6	800m	6	800m	9
5000m	5	5000m	9	5000m	9	5000m	6
100m	9	100m	4	100m	4	100m	
4*400m	9	4*400m	5	4*400m	5	4*400m	6
Hammer	7	Hammer		Hammer		Hammer	6
Pole Vault	9	Pole Vault		Pole Vault		Pole Vault	
Long Jump	9	Long Jump	5	Long Jump	5	Long Jump	
Discus	6	Discus	7	Discus	7	Discus	4
High Jump	9	High Jump		High Jump		High Jump	7
Shot	8	Shot	6	Shot	6	Shot	
Javelin	7	Javelin	5	Javelin	5	Javelin	4
Triple Jump	9	Triple Jump	6	Triple Jump	6	Triple Jump	6
56lb Distance	9	56lb Distance		56lb Distance		56lb Distance	7
	144		96		0		100
<b>Dropped</b>		<b>Dropped</b>		<b>Dropped</b>		<b>Dropped</b>	
Drop 1	4	Drop 1	4	Drop 1	4	Drop 1	4
Drop 2	5	Drop 2		Drop 2		Drop 2	
Drop 3	7	Drop 3		Drop 3		Drop 3	
Drop 4	5	Drop 4		Drop 4		Drop 4	
Drop 5		Drop 5		Drop 5		Drop 5	
Drop 6		Drop 6		Drop 6		Drop 6	
	21		4		0		4
Actual Total	123	Actual Total	92	Actual Total	0	Actual Total	96
Place		Place		Place		Place	
<b>Strabane</b>		<b>Lagan Valley</b>		<b>Lisburn</b>			
110m Hurdles		110m Hurdles		110m Hurdles			
Walk		Walk		Walk	7		
400m	9	400m		400m	6		
4*100m	6	4*100m		4*100m	7		
1500m		1500m		1500m	9		
400m Hurdles		400m Hurdles		400m Hurdles	5		
3000m S/C		3000m S/C		3000m S/C			
200m	3	200m	9	200m	7		
800m		800m		800m	5		
5000m	4	5000m		5000m	7		
100m	5	100m	7	100m	5		
4*400m		4*400m		4*400m	7		
Hammer	9	Hammer		Hammer			
Pole Vault		Pole Vault		Pole Vault	7		
Long Jump	6	Long Jump		Long Jump	7		
Discus	9	Discus		Discus	5		
High Jump	6	High Jump		High Jump			
Shot	9	Shot		Shot	6		
Javelin	9	Javelin		Javelin	6		
Triple Jump	7	Triple Jump		Triple Jump			
56lb Distance		56lb Distance		56lb Distance			
	82		16		96		
<b>Dropped</b>		<b>Dropped</b>		<b>Dropped</b>			
Drop 1		Drop 1		Drop 1			
Drop 2		Drop 2		Drop 2			
Drop 3		Drop 3		Drop 3			
Drop 4		Drop 4		Drop 4			
Drop 5		Drop 5		Drop 5			
Drop 6		Drop 6		Drop 6			
	0		0		0		
Actual Total	82	Actual Total	16	Actual Total	96		
Place		Place		Place			

**AAI National League 2008**  
**Round 1**  
**Antrim Forum**  
**Premier Women**

<b>Abbey</b>	400 metres	9	<b>Lagan Valley</b>	400 metres		<b>Tir Chonaill</b>	400 metres	7	<b>Lisburn</b>	400 metres	6
	Walk			Walk			Walk	7		Walk	9
	100m Hurdles	6		100m Hurdles			100m Hurdles	9		100m Hurdles	7
	4*100m	9		4*100m	5		4*100m	7		4*100m	6
	1500m	9		1500m	7		1500m			1500m	
	400m Hurdles			400m Hurdles			400m Hurdles	7		400m Hurdles	9
	3000m	7		3000m	9		3000m	6		3000m	
	200m	9		200m	6		200m	7		200m	5
	800m	7		800m	6		800m			800m	9
	100m	9		100m	7		100m	6		100m	
	4*400m	9		4*400m	7		4*400m			4*400m	
	Hammer	9		Hammer	7		Hammer	6		Hammer	5
	Long Jump	9		Long Jump	5		Long Jump	6		Long Jump	7
	Discus	9		Discus			Discus	6		Discus	7
	High Jump			High Jump			High Jump	7		High Jump	9
	Shot			Shot	7		Shot	9		Shot	
	Javelin			Javelin	6		Javelin	7		Javelin	9
	Triple Jump	7		Triple Jump	5		Triple Jump	9		Triple Jump	6
		108			77			106			94
	<b><i>Dropped</i></b>			<b><i>Dropped</i></b>			<b><i>Dropped</i></b>			<b><i>Dropped</i></b>	
	<i>Drop 1</i>			<i>Drop 1</i>			<i>Drop 1</i>			<i>Drop 1</i>	
	<i>Drop 2</i>			<i>Drop 2</i>			<i>Drop 2</i>			<i>Drop 2</i>	
	<i>Drop 3</i>			<i>Drop 3</i>			<i>Drop 3</i>			<i>Drop 3</i>	
		0			0			0			0
	Actual Total	108		Actual Total	77		Actual Total	106		Actual Total	94
	Place			Place			Place			Place	

**AAI National League 2008  
Round 1  
Antrim Forum**

**Division 1 Women**

<b>Finn Valley</b>	400 Metres	5	<b>Derry</b>	400 Metres	3	<b>Clonliffe Harriers</b>	400 Metres	7	<b>Monaghan</b>	400 Metres	7
	Walk	9		Walk	4		Walk	7		Walk	7
	100m Hurdles	5		100m Hurdles	4		100m Hurdles	9		100m Hurdles	9
	4*100m	5		4*100m	5		4*100m	4		4*100m	4
	1500m	7		1500m	7		1500m	9		1500m	9
	400m Hurdles	7		400m Hurdles	7		400m Hurdles	9		400m Hurdles	9
	3000m	9		3000m	6		3000m	6		3000m	6
	200m	3		200m	4		200m	7		200m	7
	800m	7		800m	4		800m	9		800m	9
	100m	4		100m	5		100m	3		100m	3
	4*400m	5		4*400m	3		4*400m	4		4*400m	4
	Hammer	7		Hammer	9		Hammer	4		Hammer	4
	Long Jump	4		Long Jump	5		Long Jump	3		Long Jump	3
	Discus	4		Discus	7		Discus	4		Discus	4
	High Jump	6		High Jump	7		High Jump	4		High Jump	4
	Shot	7		Shot	5		Shot	4		Shot	4
	Javelin	7		Javelin	9		Javelin	4		Javelin	4
	Triple Jump	5		Triple Jump	6		Triple Jump	7		Triple Jump	7
		83			83			81			81
	<b>Dropped</b>			<b>Dropped</b>			<b>Dropped</b>			<b>Dropped</b>	
	Drop 1			Drop 1			Drop 1			Drop 1	
	Drop 2			Drop 2			Drop 2			Drop 2	
	Drop 3			Drop 3			Drop 3			Drop 3	
		0			0			0			0
	Actual Total	83		Actual Total	83		Actual Total	81		Actual Total	81
	Place			Place			Place			Place	

<b>Raheny Shamrocks</b>	400 Metres	6	<b>Ballymena &amp; Antrim</b>	400 Metres	4	<b>North Down</b>	400 Metres	9
	Walk	3		Walk	6		Walk	7
	100m Hurdles	6		100m Hurdles	7		100m Hurdles	7
	4*100m	6		4*100m	7		4*100m	9
	1500m	6		1500m	6		1500m	9
	400m Hurdles	6		400m Hurdles	6		400m Hurdles	9
	3000m	7		3000m	6		3000m	5
	200m	5		200m	6		200m	9
	800m	5		800m	6		800m	6
	100m	6		100m	7		100m	9
	4*400m	9		4*400m	6		4*400m	7
	Hammer	5		Hammer	6		Hammer	7
	Long Jump	4		Long Jump	9		Long Jump	6
	Discus	5		Discus	6		Discus	9
	High Jump	5		High Jump	9		High Jump	6
	Shot	9		Shot	9		Shot	7
	Javelin	4		Javelin	5		Javelin	6
	Triple Jump	7		Triple Jump	9		Triple Jump	7
		71			89			109
	<b>Dropped</b>			<b>Dropped</b>			<b>Dropped</b>	
	Drop 1			Drop 1			Drop 1	
	Drop 2			Drop 2			Drop 2	
	Drop 3			Drop 3			Drop 3	
		0			0			0
	Actual Total	71		Actual Total	89		Actual Total	109
	Place			Place			Place	