

## Donegal Town 5k

*‘Inviting, walkers, joggers, and runners’*



The Donegal Town 5k will be held on Friday evening 6th June—at 7.30pm. Traditionally this event, part of the Donegal Co Board, Mizuno/Brian McCormick sponsored, Grand Prix attracts a large field from all over the North West and beyond.

### Details

- Fast ,flat, accurately marked course – race starts at Super Valu and proceeds through the town onto the Mountcharles Road to the first roundabout, onto Ballydevitt and Drimark and back onto the Killybegs/Donegal Rd. to finish opposite Tir Conaill Park
- Registration – Abbey Voc Gymnasium from 6.30pm
- Entry fee –7 euro
- Warm and Cool down area – grounds of the Abbey Voc School - 400metres from the start
- Prizes –First three, Male and Female, in all categories plus numerous spot prizes
- Presentations – Abbey Voc Gymnasium at 8.30pm plus refreshments for all competitors
- Results will be posted immediately on the Tir Conaill athletics club site [www.tirchonailac.com](http://www.tirchonailac.com)
- Enquiries to Eamon Harvey [eamon@athleticsireland.ie](mailto:eamon@athleticsireland.ie) or phone 0749721578